# Healthper OVERVIEW

Healthper offers a personalized health & wellness solution on a customizable technology platform—one tailored for your organization. We deliver personalized & team building challenges, rich social interaction and flexible rewards.

Digital wellness platforms are being driven by powerful trends in the marketplace. Chronic conditions are behind two-thirds of current health care spending, so it's no surprise that 94% of national employers are creating cultures of wellness in the workplace.



HEALTHPER CREATES A SOLUTION THAT FITS YOU AND YOUR POPULATION: A well-being platform that drives employee awareness, participation & sustained engagement to create a healthier workforce, and a healthier bottom line.

#### EMPLOYEE ENGAGEMENT

## Sustaining rates over 50%



Our proven wellness strategy increases engagement through a five-step process of health improvement. First, we benchmark the health of your population. We tailor programs through communications and challenges to each individual's health needs and willingness to engage. Rich social interaction via community posts from peers and wellness coaches provides motivation and sustains engagement. Finally, personal results and corporate wellness outcomes are measured in key metrics established by the employer, with Healthper.

#### THE HEALTHPER PLATFORM

# HIPAA compliant, secure personalized system of wellness

- Data integration achieved from various sources including device data, payor and clinical systems utilizing robust security measures
- A multi-modal solution made available on major mobile platforms (Apple iOS and Android) and desktops with optional single sign-on
- Highly customizable solution--tailor the wellness program to your needs and easily adjust as needed over time
- Create your own well-being program from the ground up or choose from a number of predefined templates

At Healthper we are Knowledgeable. Trusted. Nimble. Connect with your Well-being Architects: contact@Healthper.com

## **HEALTHPER** at a **GLANCE**

- Your own well-being technology platform, modeled on your company's culture and values
- Single platform integrates all of your wellness resources, trackers and partners
- Customizable, comprehensive health assessment surveys
- Biometric screenings
- Mobile device-enabled wellness
- Social-network enabled
- Over 200 health programs such as Fitness, Stress Management, Tobacco Cessation, & Nutrition
- Over 300 activities
- Over 200 challenges
- Personalized Coaching
- Industry's best rewards mall, with thousands of gift cards & e-Certs
- In-depth participation, utilization and risk reporting/analytics





